

BREAKFAST CREPES

Served all day. Because breakfast is life.

SOUTH BY SOUTHWEST* 14

chicken, sausage, eggs, swiss cheese, green onions, and our chipotle hot sauce. topped with house-made crème fraiche, corn salsa fresca, and feta cheese.

GARDEN* (v) 11.5

scrambled eggs, baby spinach, marinated mushrooms, blistered cherry tomatoes, red onion, roasted red peppers and goat cheese.

CREPE 'B'* 13

choice of bacon, sausage, or county ham with Swiss cheese. topped with over easy eggs, goat cheese and hollandaise sauce.

DOWN HOME* 12

choice of bacon, Carolina country ham, or sausage with scrambled eggs and Ashe County hoop cheese.

COUNTRY HASH* 15

choice of bacon, sausage or country ham with hoop cheese, breakfast potatoes, avocado, green onions, blistered cherry tomatoes and mojo sauce. topped with sausage gravy and two over-easy eggs.

SOUTHERN STYLE* 13

scrambled eggs with green peppers, roasted red peppers, red onions, breakfast potatoes and hoop cheese. topped with sausage gravy.

CAROLINA COMFORT* 12

scrambled eggs, choice of bacon, sausage, or country ham. topped with maple syrup and powdered sugar.

BLUE RIDGE* 13.5

ham, hoop cheese, scrambled eggs with maple syrup-basted granny smith apples. topped with spicy maple mustard.

ADD TO ANY ITEM

- chicken, turkey or tofu + 4*
- sausage, bacon, turkey bacon, or country ham + 3.5*
- two cage-free eggs* + 3.5*
- house-made sausage gravy + 3*
- avocado + 4*
- breakfast potatoes + 3*

SWEET CREPES

THE CLASSIC (v) 8
with choice of Nutella, peanut butter, or both
add banana, strawberries, or both + 1

BERRIES & CREAM (v) 11
served with our fresh berries mix, house-made whipped cream and powdered sugar. *served cold.*
substitute strawberries only + 1
add banana, strawberries, or both + 1

TRES LECHES (v) 12
our house-made tres leches custard with vanilla cream and strawberries. topped with chocolate, vanilla and strawberry sauces. *served cold.*

STUFFED FRENCH TOAST (v) 12
egg battered crepe with cheesecake custard, topped with maple syrup, cinnamon, and house-made whipped cream. *served cold.*
add our fresh berry mix, strawberries, or bananas + 2

THE ELVIS 12
peanut butter, banana, bacon with crumbled pretzels and honey.

SANDWICHES

Starting at 11 a.m.

SERVED WITH CHOICE OF SMALL SIDE SALAD OR ROSEMARY HERBED TOTS.

CAPRESE (v) 12.5
mozzarella, blistered cherry tomatoes, pesto* and balsamic glaze with arugula. **contains walnuts*
add turkey + 3

TURKEY HAVARTI PANINI 13
multi-grain bread with turkey and havarti cheese, spring mix greens, roma tomatoes, and basil aioli.

CAROLINA REUBEN 13.5
a southern take on the classic with corned beef, pimento cheese, and chow chow all made in-house. served on rye bread.

GRILLED PORTABELLA (v) 13
grilled portabella mushrooms, zucchini, roasted red peppers, red onions, arugula with cucumber dill sauce, balsamic reduction, and goat cheese on toasted ciabatta.

SAVORY CREPES

AVOCADO CLUB 14.5
turkey, ham, bacon, and hoop cheese with spinach, blistered cherry tomatoes. topped with house-made chipotle aioli and avocado.

VEGGIE MEDLEY (v) 12.5
sweet potatoes and baked pears with arugula, red onions, roasted red peppers, goat cheese and spicy maple mustard.

HERBIVORE (v) 12
blistered cherry tomatoes, marinated mushrooms, roasted red peppers, red onions, artichoke hearts, baby spinach, and goat cheese with choice of ranch, red pepper ranch or balsamic reduction.

CHICK & THE PIG 12
chicken, bacon, NC smoked ham, swiss cheese & baby spinach with brew pub mustard.

TURKEY BRIE 13.5
turkey with mild brie, sliced granny smith apples, honey, walnuts, and house-made cranberry sauce.

SALADS

Starting at 11 a.m.

CAESAR 11
fresh romaine hearts, shaved parmesan with house-made croutons and Caesar dressing.
add chicken or turkey + 3

KALE & QUINOA (v) 13
kale, quinoa, blueberries, granny smith apples, red onions, avocados, toasted almonds, chickpeas, and goat cheese with lemon vinaigrette dressing.

SALMON CAKE NICOISE 14.5
spring mix with green beans, potatoes, radish, tomatoes, red onions, hard boiled eggs topped with two house made salmon cakes, remoulade sauce.

VEGAN/GLUTEN FREE OPTIONS

vegan and gluten-free crepe shell + 2
gluten free bread + 2

MANY ITEMS CAN BE MADE VEGAN ON REQUEST.

TOASTS

AVOCADO TOAST (v) 13
La Farm Bakery sourdough with avocados, kale, radish, olive oil and lemon.

TUCSON TOAST (v) 13
La Farm Bakery sourdough with pesto*, kale, zucchini, cannellini beans, red onion, roasted red peppers and blistered tomatoes. topped with kalamata olives, capers, parmesan and lemon vinaigrette.
**contains walnuts*

LOX & TOAST* 16.5
La Farm sourdough with lox, chipotle cream cheese, pickled onions, capers and microgreens. topped with olive oil, fresh dill and lemon.

STEEL-CUT OATMEAL BOWLS

add side of fresh fruit + 3

BANANA BLUE (v) 8
banana, blueberries, almond butter, and granola.

CRAN APPLE (v) 8
house-made cranberry sauce, granny smith apples, almond butter, and granola.



(v) *vegetarian*

**Indicates food that may be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*