

BREAKFAST CREPES		
<i>Served all day. Because breakfast is life.</i>		
SOUTH BY SOUTHWEST*	17	
chicken, sausage, eggs, swiss cheese, green onions, and our chipotle hot sauce. topped with house-made crème fraîche, corn salsa fresca, and feta cheese.		
STEAK AND EGGS*	19	
medium rare house-marinated flank steak with red onions, green bell peppers, marinated mushrooms, spinach, and mojo sauce. topped with goat cheese and froached eggs.		
GARDEN* (V)	14	
scrambled eggs, baby spinach, marinated mushrooms, blistered cherry tomatoes, red onion, roasted red peppers, and goat cheese.		
BLT MORNING*	17.5	
smoked bacon with pimento cheese, shredded romaine, blistered grape tomatoes, and basil aioli. topped with over easy eggs, crumbled bacon, and avocado.		
BBJ&M*	18.5	
bourbon bacon jam, grilled portabella mushrooms, marinated mushrooms, brie cheese, arugula, and tater tots. topped with hurricane eggs, hot honey, and goat cheese.		
DOWN HOME*	13.5	
choice of bacon, country ham, or sausage with scrambled eggs and hoop cheese.		
COUNTRY HASH*	18.5	
choice of bacon, sausage, or country ham with hoop cheese, breakfast potatoes, avocado, green onions, blistered cherry tomatoes, and mojo sauce. topped with sausage gravy and two over easy eggs.		
SOUTHERN STYLE*	14.5	
scrambled eggs with green peppers, roasted red peppers, red onions, breakfast potatoes, and hoop cheese. topped with sausage gravy.		
ADD TO ANY ITEM <i>chicken, turkey or tofu + 4</i> <i>sausage, bacon, turkey bacon, or country ham + 3.5</i> <i>two cage-free eggs* + 4 • house-made sausage gravy + 3</i> <i>avocado + 4 • breakfast potatoes + 3</i>		
SWEET CREPES		
THE CLASSIC (V)	10	
with choice of Nutella, peanut butter, or both. <i>add banana, strawberries, or both + 2</i>		
BERRIES & CREAM (V)	13	
served with our fresh berries mix, house-made whipped cream, and powdered sugar. <i>served cold. substitute strawberries only + 2</i> <i>add banana + 2</i>		
STUFFED FRENCH TOAST (V)	13	
egg battered crepe dusted with our cinnamon spice blend, filled with cheesecake custard. topped with maple syrup and house-made whipped cream. <i>served cold. add our fresh berry mix, strawberries, or bananas + 2</i>		
BLUEBERRIES AND LEMON CURD (V)	13	
Biscoff crumbled over house-made lemon curd and whipped cream. topped with warm blueberry compote, whipped cream, powdered sugar. <i>served cold with warm compote.</i>		
SAVORY CREPES		
AVOCADO CLUB	16.5	
turkey, ham, bacon, hoop cheese, spinach, and blistered cherry tomatoes. topped with house-made chipotle aioli and avocado.		
HERBIVORE (V)	13	
blistered cherry tomatoes, marinated mushrooms, roasted red peppers, red onions, artichoke hearts, baby spinach, and goat cheese with choice of ranch, red pepper ranch, balsamic reduction, or mojo.		
CARNE ASADA	19	
house-marinated flank steak, carne asada, shredded romaine lettuce, pico de gallo, pickled onions, and chipotle hot sauce. topped feta cheese and lime crema.		
THE SPICY VEGAN (VEGAN)	17	
buckwheat crepe with grilled portabella mushrooms, hummus, corn salsa fresca, arugula, kale, roasted red peppers, green onions and chipotle hot sauce. topped with vegan queso.		
TURKEY BRIE	14.5	
turkey with mild brie, sliced Granny Smith apples, honey, walnuts, and house-made cranberry sauce.		
SEASONAL FEATURES		
BREAKFAST		
BREAKFAST POUTINE*	18.5	
bacon, sausage, cheese curds, portobello mushrooms, and maple bourbon gravy over a bed of tots. topped with over easy eggs, green onions, and hollandaise.		
BLUE RIDGE*	16.5	
pure maple syrup glazed ham, Granny Smith apples, and hoop cheese. topped with hurricane eggs and spicy maple mustard.		
SWEET		
DRAGON FRUIT AND CHOCOLATE CHIP CHEESECAKE (V)	13.5	
rolled sweet crepe filled with dragon fruit compote, our cheesecake custard, chocolate chips, whipped cream, topped with dragon fruit syrup and powdered sugar. <i>served cold.</i>		
SAVORY		
THE MEDITERRANEAN (V)	16.5	
house made hummus, green goddess dressing, the following uncooked veggies - red onions, artichokes, cucumbers, green peppers, Kalamata olives, arugula. topped with cucumber dill, microgreens and feta.		
SALADS <i>Starting at 11a.m.</i>		
AVOCADO CAESAR SALAD	15	
chopped romaine lettuce tossed in house made Caesar dressing. topped with house made croutons, sliced avocado, parmesan cheese, fresh black pepper and a lemon wedge.		
ROASTED SWEET POTATO AND BEET SALAD (V)	15	
mixed greens and spinach drizzled with balsamic vinaigrette, topped with roasted sweet potatoes and beets, sliced red onions, avocado, and pumpkin seeds. finished with goat cheese and fresh cracked black pepper.		
FARMERS MARKET SALAD (V)	15	
spinach, kale, and mixed greens topped with avocado, red onions, pico de gallo, hard boiled eggs, and house made croutons. dressed with a house made green goddess dressing.		
VEGAN/GLUTEN-SENSITIVE OPTIONS <i>vegan and gluten-free buckwheat crepe shell + 2</i> <i>gluten-free bread + 2</i> <i>vegan whipped cream + 1</i> MANY ITEMS CAN BE MADE VEGAN ON REQUEST.		
TOASTS		
AVOCADO TOAST (V)	16	
Guglhupf sourdough with avocado mousse, lemon vinaigrette dressed baby arugula, heirloom tomatoes, and avocado. topped with balsamic glaze and goat cheese.		
LOX & TOAST*	18	
Guglhupf sourdough with lox, chipotle cream cheese, pickled onions, capers, and microgreens. topped with olive oil, fresh dill, and lemon.		
BREAKFAST BRUSCHETTA* (V)	17.5	
Guglhupf sourdough with house-made pesto** and whipped ricotta, mozzarella cheese, blistered grape tomatoes, and sliced hard boiled eggs. topped with balsamic glaze, basil, and crushed red pepper flakes. <i>**contains walnuts</i>		
SANDWICHES <i>Starting at 11a.m.</i>		
SERVED WITH CHOICE OF SMALL SIDE SALAD OR ROSEMARY HERBED TOTS.		
CAROLINA REUBEN	15.5	
a southern take on the classic with corned beef, pimento cheese, and chow chow all made in-house. served on rye bread.		
CAPRESE (V)	15	
mozzarella, tomatoes, pesto**, and balsamic glaze with arugula. served on ciabatta. <i>**contains walnuts</i> <i>add turkey + 3</i>		
TURKEY HAVARTI PANINI	16	
multi-grain bread with turkey and havarti cheese, spring mix greens, roma tomatoes, and basil aioli.		
BLACKENED CAULIFLOWER SANDWICH (V)	15.5	
blackened cauliflower, house-made spicy coleslaw, pickled onions, avocado mousse, and hot honey. served on a schiacciata rosemary roll with a side of Texas Pete hot sauce.		
 (V) <i>vegetarian</i>		
<i>*Indicates food that may be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.</i>		
<i>Proudly serving Guglhupf Bakery breads and pastries.</i>		